

Week One

Served weeks commencing:
01/09, 22/09, 13/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Curry Served with Rice and Seasonal Vegetables	Pasta Bolognese Served with Garlic Slice and Seasonal Vegetables	Roast Chicken Served with Roast Potatoes, Seasonal Vegetables and Gravy	Sausages Served with Mash Potato and Seasonal Vegetables	Fish Fingers Served with Chips Beans, Peas and Tomato Ketchup
VEGETARIAN	Vegetable Curry Served with Rice and Seasonal Vegetables	Macaroni Cheese Served with Garlic Slice and Seasonal Vegetables	Roast Quorn Fillet Served with Roast Potatoes, Seasonal Vegetables and Gravy	Quron Vegan Sausage Served with Mash Potato and Seasonal Vegetables	Cheese and Tomato Pizza Served with Chips Beans, Peas and Tomato Ketchup
JACKET/PASTA	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of Baked Beans or Cheese	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of Baked Beans or Cheese	Pasta with Tomato and Basil Sauce
SANDWICH	Wraps with a choice of filling: Ham/Cheese /Tuna Mayonnaise	Sandwiches with a choice of filling: Ham/Cheese /Tuna Mayonnaise	Sandwiches with a choice of filling: Ham/Cheese /Tuna Mayonnaise	Sandwiches with a choice of filling: Ham/Cheese /Tuna Mayonnaise	Sandwiches with a choice of filling: Ham/Cheese /Tuna Mayonnaise
DESSERTS	Oat & Cinnamon Cookie Served with Fresh Orange Slices	Iced Sponge Served with Custard	Vanilla Ice- Cream Served with Fresh Fruit	Shortbread Served with Apple Slices	Fruity Friday

AVAILABLE DAILY:

Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

